The President’s Corner

Dear ANPA Family,

This issue of the ANPA Monitor marks the end of my Presidency. This has been a labor of love for which I am grateful. I took over a very vibrant organization from my predecessors who have done a marvelous job of anchoring the Association on a solid foundation. I have merely tried to emulate them.

For the last two years, I have labored with the unqualified support of members of the Executive Committee to expand on the ANPA vision of “A healthier Nigeria in a healthier World”. We have spent the last 14 – 15 years building an organization that will ultimately put us squarely in the effort to advance healthcare services in the underserved populations, especially in Nigeria. We have been involved in medical missions in various parts of Nigeria. We all know that this is merely a band-aid measure. There are a significant number of Nigerian medical experts who reside in the Diaspora. This is a classic case of brain drain.

We need to reverse this trend. Of course it will be unrealistic to advocate mass exodus of Nigerian physicians living in the U.S to Nigeria for very obvious reasons. We can however strengthen healthcare delivery in other meaningful ways from our various U.S bases under the aegis of our beloved organization, ANPA.

The hosting of the annual ANPA Convention in Abuja last summer after stints in the U.S. and Canada for 14 years marked a concrete step towards building the relationship that we will need to impact positively on healthcare in Nigeria. The relationship cultivated with MANSAG, NMA and the Federal Ministry of Health need to be sustained. That is the reason for a retreat proposed by ANPA involving the Federal Ministry of Health, MANSAG and NMA. This will most likely take place in the near future.

The Abuja Convention introduced ANPA to various Nigerian health organizations and the Nigerian people in general. The ANPA consultancy group was formed under the able leadership of Dr. Bernard Rerri to make available the Diaspora medical expertise to both private and public healthcare enterprises in Nigeria. The ANPA Secretariat
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soon to be operational in Abuja will facilitate the work of the Consultancy group and all other ANPA activities in the country.

Through the able leadership of our President-elect Dr. Fiemu Nwariaku, we have opened up significant contacts with the World Bank and USAID. These relationships will be explored from now to beyond the 16th Annual Convention in Maryland. It is important for us to have international partners in the quest for a healthier Nigeria.

On the home front, we are continuing our effort to increase our membership. Through the ANPA Monitor, we are able to reach close to 4000 Nigerian physicians practicing in the USA. ANPA chapter is now in the Nation’s capital. The ANPA National Capital Area Chapter has just been inaugurated. Congratulations to all who made this possible.

The 16th ANPA Annual Convention will take place at the beautiful Gaylord resort in Maryland by the Potomac. This promises to be the best ever for ANPA. An educational and engaging CME is planned. It will not be all work of course. The local organizing committee headed by Dr. Olabisi Jagun is hard at work to make this a memorable occasion indeed. This will take place around the 4th of July weekend; it starts June 30th to July 4th. I am told by the local organizing committee that a galore of surprises await us. You do not want to miss this one. Please register early and make your flight reservations now. Come and meet friends and colleagues that you have not seen for a long time.

As I begin to wind down my Presidency, I am heartened that our organization will be in good hands in the next dispensation. Dr. Fiemu Nwariaku takes over the mantle of leadership at the end of the next convention. He is very well equipped to surpass his predecessors.

In conclusion, I would like to thank the ANPA membership for their extraordinary devotion to the organization. My thanks go to our immediate past President, Dr. Yele Aluko for his dedication and love for ANPA. Mention must be made of our Treasurer, Dr. Nkem Chukwumerije. He was called upon suddenly to take over the position vacated by the tragic death of Dr. Enyi Okereke. He accepted the call to duty and has discharged the duties with uncanny professionalism. I want to thank him immensely on behalf of our organization.

I implore all to join us in Maryland on the 30th of June for a memorable 16th Annual ANPA Convention.

Thanks,

Julius Kpaduwa, MD.
ANPA President

ANPA Executive Committee:

President
Julius Kpaduwa, M.D.
Diamond Bar, CA

President-Elect
Fiemu Nwariaku, M.D.
Dallas, TX

Treasurer
Nkem Chukwumerije, M.D.
Santa Clarita, CA

Past President
Yele Aluko, M.D.
Charlotte, NC
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16th ANNUAL CONVENTION & SCIENTIFIC ASSEMBLY
HEALTH CARE SYSTEMS AND CHRONIC DISEASE MANAGEMENT
IN THE CHANGING HEALTH DELIVERY ENVIRONMENT
PARTICIPANTS ARRIVAL AND REGISTRATION

Thursday—July 1, 2010

6:30am— 8:30am
Registration and Breakfast

OPENING CEREMONY

Thursday, July 1, 2010

8:30am - 9:00am
Opening Ceremony

8:30am - 8:40am
Chair, Local Organizing Committee

8:40am - 8:50am
County Executive Officer

8:50am - 9:00am
Maryland Governor (Representative)

9:00am - 10:00am
DAN NWANKWO MEMORIAL LECTURE
Topic: Gynecological Cancers
Speaker: Robert Bristow, MD
Director, Kelly Gynecological Oncology Service
Johns Hopkins University, Baltimore, MD

10:00am - 10:30am
GENERAL BREAK

SYMPOSIUM I
ONCOLOGICAL DISEASES

Thursday July 1, 2010
10:30am - 12:30pm

Disparities in Care Access and Clinical Strategies for Comprehensive Management

10:30am - 10:45am
Program Overview—Introduction of Presenters
Moderator
Benedict Nwomeh, MD, FACS
Associate Professor of Surgery
The Ohio State University
Columbus, Ohio

10:45am - 11:05am
Defying Breast Cancer Disparities: Timely Diagnosis, the Impact of Early and Late Stage Disease and the Use Evidence-Based Treatment Guidelines Related to Combination vs. Sequential Single-Agent Chemotherapy
Wayne A. I. Frederick, M.D., F.A.C.S.
Interim Director, Cancer Center
Chief, Division of General Surgery
Howard University School of Medicine—Washington, DC

11:05am - 11:25am
Systemic Review of Emerging Evidence-Based Treatment Options and Side-Effect Management for Prostate Cancer and Its Implication for Improved Clinical Outcomes for African American Men
Otis Webb Brawley, MD
Professor - Hematology, Oncology and Epidemiology
Emory University
Medical Director - Georgia Cancer Center

11:25am - 11:45am
Gastro-Intestinal Cancers: Disparities in Epidemiology of Colon and Rectal Cancer in Minority Populations: Inference for Screening Flexible vs. Complete Colonoscopy and the Utilization of Current and Promising Therapies
Lance Uradomo, MD
Gastroenterology & Pediatric Gastroenterology And Internal Medicine
22 South Greene Street—Baltimore, MD, 21201

11:45am - 12:05pm
Lung Cancer Prevention and Treatment: Role of Spiral CT for Early Diagnosis and Appropriate Management of Lung Cancer in Minority Populations and Clinical Approaches of Chemotherapy and Radiation Across Stages of Disease
Stephen Yang, MD
Arthur B/Patricia B. Modell Professor of Thoracic Surgery
The John Hopkins Medical Institutions
600 North Wolfe Street, Block 240—Baltimore, MD 21287

12:05pm - 12:30pm
Discussion Panel – Questions & Answers (Q&A); Case Vignettes and the Use for Screening Tools in Early Diagnosis; Audience Response Systems (ARS) Q&A

12:30pm - 2:00pm
GENERAL BREAK
SYMPOSIUM II - ORAL HEALTH
Thursday, July 1, 2010
2:00pm - 4:00pm

Dental Health as a Measure of Overall Health

2:00pm - 2:15pm
Program Overview—Introduction of Presenters
Moderators
Esther Kuyinu, DDS, MS,
Clinical Associate Professor,
New York University College of Dentistry
New York, New York
Vincent Oganwu, DDS, FAGD
Private Practice
Olympia Fields, Illinois

2:15pm - 2:35pm
Facing the Public Health Mandate: Improving
Dental Prevention Care and Population-Based
Oral Health Management for At-Risk Populations
Jay Rosamond Anderson, DDS, DMD, MHSA
Chief Dental Officer at United States Department
of Health and Human Services—Health Resources
and Services Administration—Washington, DC

2:35pm - 2:55pm
Periodontal Diseases and Chronic Oral Inflammation:
As Manifestation of Diabetes, Cardiovascular Risk
Factors and Other Systemic Diseases
Donald R. Allen, DDS, MS
Chair – Department of Periodontics
Howard University School of Medicine—Washington, DC

2:55pm - 3:15pm
Oral Health Challenges in the Tropics
Kofo Savage, DDS
Dean - School of Dentistry
University of Lagos—Lagos, Nigeria

3:15pm - 3:35pm
Surgical Management of Serious Oral Conditions:
Cleft Lip/ Palate and Cancrum Oris
Michael W. Neumeister, MD, FRCSC, FACS
Chairman - Division of Plastic Surgery
Southern Illinois University School of Medicine

3:35pm - 4:00pm
Refreshments and Discussion Panel – Questions &
Answers (Q&A); Case Vignettes and Use for
Screening Tools in Early Diagnosis;
Audience Response Systems (ARS) Q&A

5:30 p.m. – 8:00 p.m.
DINNER AND KEYNOTE ADDRESS

5:30 pm – 6:30 pm
Keynote Address:
Speaker Dr. Ngozi Okonjo-Iweala
Managing Director, World bank, Washington DC

6:30 pm – 7:30 pm
Round Table Discussion: Reaching the Millennium
Development Goals in Africa - the role of the Diaspora
Moderator: Dr Egbe Osifo-Dawodu
Panel: Population Health and Sustainable Human
Development in Africa: Opportunities for Diaspora
and NGO Partnerships

Dr. Muhammed Pate - Director General Primary Health Care Agency
Dr Kate Tulenko - Deputy Director, Capacity Plus - USAID
Dr Nneka Mobisson-Etuk - McKinsey
Dr Imo Ibibia - Director and US Regulatory Policy Lead,
Global Regulatory Strategy, Policy, and Safety,
Merck & Co., Inc.
Ms Eva Jarawan - Manager, Health African Region,
World Bank
Dr Alex Preker - Head, Health Investment Policy
Analysis, WBG
Dr. Nkem Chukwumerije: ANPA Executive Member

SYMPOSIUM III
MENTAL HEALTH
Friday, July 2, 2010
7:00am - 11:15am

Contemporary Mental Health Issues Across Lifespan

7:00am - 7:45am
BREAKFAST

Program Overview—Introduction of Presenters
Moderators:
Thomas Osinowo, MD, MSc, DABPN
Medical Director, Northwest Ohio Psychiatric Hospital and
Assistant Professor of Psychiatry
University of Toledo -Toledo, Ohio
Charles Dike, MD, MPH, MRCPsych
Assistant Clinical Professor of Psychiatry
Division of Law and Psychiatry
Yale University Medical School—New Haven, CT

7:45am - 8:10am
Childhood Psychiatric Disorders: Evidence-Based Clinical Knowledge and Office-Based Applications for Attention Deficit Hyperactivity Disorder (ADHD), Adolescent Schizophrenia and Other Psychiatric Disorders of Children
Jill Rachbeisel, MD
Associate Professor – Division Head/Director, Psychotherapy—University of Maryland
Baltimore, Maryland

8:10am - 8:35am
Minority Populations and the Aging Process: What is Simple Maturation Progression and What is Mental Illness Defining the Impact and Treatment of Alzheimer’s Disease, Dementias and Parkinson’s Disease
Patrick A. Griffith, MD, FAAN
Professor Clinical Medicine & Chief Division of Neurology
Morehouse School of Medicine, -Atlanta, GA

8:35am - 9:00am
Overcoming Cognition Barriers for Early and Proper Diagnosis, Appropriate Treatment of Schizophrenia and Mood Spectrum Disorders in African America and Other Minority Populations and Side-Effect Management, Particularly Weight Gains
David C. Henderson, MD
Associate Professor of Psychiatry
Harvard Medical School
Massachusetts General Hospital—Boston, MA

9:00am - 9:25am
Selective Serotonin Reuptake Inhibitors as the Pharmacotherapy Approaches for the Management of General Anxiety Disorders, Post-Traumatic Stress Disorders and Other Mood/Anxiety Spectrum Disorders Across the Life Span
David A. Baron, DO, MSEd, ED, FACN
Chair, Department of Psychiatry and Behavioral Science—Center for Substance Abuse Research
Temple University School of Medicine

9:25am - 9:50am
Achieving Goal Medication Therapy and Lessening Negative Health Care Disparities and Enhancing Clinical Outcomes Associated with Depression and Major Depressive Disorders in Minority Populations
Adedapo Williams, MD, MPH
Clinical Assistant Professor - Department of Psychiatry
University of Illinois at Chicago—Chicago, Illinois

9:50am - 10:15am
Clinical Management and Pharmacological Options for Bipolar Disorders in African American and Other Minority Patients
William B. Lawson, M.D., Ph.D., D.F.A.P.A.
Professor and Chairman, Department of Psychiatry
Howard University College of Medicine
Washington, D.C., 20060

10:15am - 11:15am
Refreshments and Discussion Panel – Questions & Answers (Q&A); Case Vignettes and Use for Screening Tools in Early Diagnosis; Audience Response Systems (ARS) Q&A

11:15am - 11:30am
GENERAL BREAK

SYMPOSIUM IV
RESPIRATORY HEALTH
Friday, July 2, 2010
11:30am – 2:00pm
Breathing Better – Living Better

11:30am - 11:45am
Program Overview- Introduction of Presenters
Moderator
Christy O. Ukoli, MD, FMCP, FWACP
Professor of Medicine, University of Jos, Nigeria

11:45am - 12:10pm
Symptom Control One of the Chief Therapeutic Targets in the Management of Asthma and the Role of Current and Emerging Pharmacologic Treatment Algorithms for Adult and Pediatric Populations
Olusegun Apata, MD, Specialist
Critical Care and Pulmonary Medicine
55 East 86th Avenue—Merrillville, Indianapolis

12:10pm - 12:30pm
Overview of the Mechanics of Novel Medication Therapies and Clinical Management for Achieving the Gold Stages of Treatment for Obstructive Sleep Apnea Syndrome
Olumuyiwa Joshua, MD, Specialist
Critical Care Medicine, Pulmonary, Sleep Medicine
1265 Highway 54 West—Fayetteville, GA, 30214
8:25am - 9:20am
Stroke in Blacks – A Comprehensive Strategy for Diagnosis and Management
Olajide Williams, MD
Assistant Professor of Clinical Neurology, Columbia University Neurologist at Harlem Hospital center
New York, NY

9:20am - 9:45am
Algorithmic Approach to the Management of Resistant Hypertension in Blacks
Olugbenga Ogedegbe, MD, MPH, MS
Associate Professor of Medicine
School of Medicine, New York University
New York, NY

9:45am - 10:10am
Reducing Cardiovascular Risk in Minority Patients by Utilizing Contemporary Medication Therapies for the Management of Diabetes
Elijah Saunders, MD
Professor of Medicine, University of Maryland
School of Medicine—Baltimore, MD

10:10am - 11:00am
Refreshments and Discussion Panel – Questions & Answers (Q&A); Case Vignettes and Use for Screening Tools in Early Diagnosis; Audience Response Systems (ARS) Q&A

11:00am - 11:30am
GENERAL BREAK

SYMPOSIUM VII
VIRAL INFECTIONS AND DISEASES
Saturday July 3, 2010
11:30am - 3:00pm

11:30am - 11:45am
Program Overview—Introduction of Presenters
Moderator
H. Oladele Davies, MD, MSc, FRCPC
Professor and Chair,
Department of Pediatrics and Human Development,
Michigan State University—East Lansing, Michigan
Revisiting The National Health Information System in Nigeria

Egondu Rosemary Onyejekwe PhD.  
Visiting Professor of Health Informatics, Federal University of Technology, Owerri, Nigeria  
President and CEO Rose Ego Center for Health Informatics (ROCHI) - egondu@gmail.com

Dr. Blackford Middleton, MD, MPH, MSc  
Clinical Informatics R&D www.partners.org/cird | Partners Healthcare 93 Worcester St., Box 81905 Wellesley, MA 02481 Harvard Medical School, MA — bmiddleton1@partners.org

Professor Celestine Onyemobi Elihe Owuliri, KSJ, JP, ALOHA.  
Vice Chancellor, Federal University of Technology, Owerri (FUTO) Nigeria— onwuliri@yahoo.com

Professor Nene Elsie Obianyo  
Provost, College of Medicine, Enugu State College of Medicine, Enugu, Nigeria —nene_elsie@yahoo.com

Program Description

If a national Health Information System (HIS) exists in Nigeria, why is there no place to collect national health data and statistics? Most of the health data come from international organizations such as the WHO, UNAIDS, UNICEF, UNIFEM. Regardless of source, medical and health data have been suspect, and historically unreliable basis for decision-making. For example, the morbidity and mortality data provided by international organizations list over a thousand indicators making it intractable, and impossible for appropriate use. Secondly, the indices for Nigeria provided by the International Organizations are quite high and problematic. We undertook a multi-prong research project in Imo State of Nigeria to resolve two issues: the first was to validate the structured Data Collection Model provided by the Federal Ministry of Health; the second was to generate baseline data regarding where and how people seek medical/health care. In the process, we identified a need to revisit the current Health Information Systems Data Collection Model and make them pertinent to a national Health Information System. We also identified the need to make every care delivery count - by making health information and care available to the people where they are, when they want it and with tools that are affordable.

Methods and Strategies

Three data collection tools, A Questionnaire, A Structured Interview, and A Structured Data Collection Model provided by the Federal Ministry of Health (FMOH) in Nigeria were used to collect data from two areas of study in Imo State of Nigeria. The FMOH Data Collection model was used to evaluate and validate the data collection process. In collaboration with the Medical Facilities and those providing free Medical Missions in traditional orthodox facilities, a follow-up questionnaire and structured interviews were randomly administered to those who came for the free medical care program in Imo State. Compliance with the FMOH Data Collection Model is part of Nigeria’s annual compilation of the Health Information Management System – that in theory manages the Health Information System.
Tool Administration

Once our tools were selected, Post-Graduate (PG) Students and students in the Masters of Public Health (MPH) Program at the Department of Public Health Technology, School of Public Health at FUTO, were sent to the Imo State Ministry of Health for the validation of the data collection Model instituted by the FMOH. Because the FMOH had a clear hierarchical data collection model, data collection training was uniform for PG and MPH students. The model required that health data be collected at the local community level. Data are then aggregated from communities to health facilities. At the next levels, data are aggregated from Health Facilities to the local government area (LGA) level, followed by aggregation to the State level, and then to the Federal Level. The rest of the team conducted the interviews and administered the questionnaire focusing on four major areas: the portals of entry for medical and health care; medication; gender and age; and cost to individuals.

Results and Impact

The PG and MPH students generated the same results. There was zero collection of data at the local Community level, for 2007. There was also no data aggregated at the facility level. Eleven of the 27 LGAs did neither collected nor aggregated data. Missing data at all these levels were not accounted for, but the LGA data aggregate was sent to the State, and the State’s data was sent to the Federal level.

The tabulation of the questionnaire and structured interview results indicated that: Less than one third of the population surveyed use the established Facilities – Clinics, Medical Centers, and Hospitals; Over 50% of respondents self-prescribe and self-medicate themselves; Ninety-nine percent of the respondents did not have health insurance and less than 20% would pay for medications costing over two hundred Naira (<$2) per prescription. There were more women and children seeking care at younger ages.

Conclusions and Lessons Learned

Morbidity and Mortality data for Nigeria are top heavy. One of the reasons is because, the data collection points are not adequate nor accurate. Patients cannot afford care through current establishments, due to finances, terrain, time, low provider/patient ratio and other inconveniences, so they engage in self-medication. This line of care is not captured. What are usually captured are states of very advanced disease stages, where patients are forced to seek medical care. In many cases, they may die, hence resulting in high morbidity and high mortality rates. Alternative medicine, using herbs, roots, barks and other parts of plants and animal parts play a key role in Nigeria’s health system, but this is hardly documented as part of the Health Information System.

Future Directions

Time and place of the delivery of medical and health care are of essence. In this context, the people do not normally go out to seek care. So, attention must be paid to more reliable, simple and affordable ways such as the use of mobile and other hand-held technologies in providing them with care. Where feasible, the Internet should be used in reaching the people where they are and when they need the intervention.

By the end of 2009, roughly 80 developing and moderately developed countries had undergone an assessment - virtually free - based on the Framework set up by the UN/WHO Health Metrics Network (HMN). Such an assessment has been very successful in helping countries develop their Health Information System (HIS) strategy. Nigeria needs such an assessment and needs to develop her HIS strategy. The countries that have arrived at this stage are taking major strides towards implementation and are seeking simple standard tools to measure or track their progress. Nigeria’s health policy needs to be revamped to be a player in this arena. Nigeria needs a national strategy and policy direction that leads towards the implementation of HIS. The Association of Nigerian Physicians in the Americas (ANPA) has a major role in this endeavour.
Membership in ANPA is open to all licensed Medical Doctors, Osteopathic Doctors, Dentists and Podiatrists of Nigerian descent.

NAME ____________________________________________________________________________________

Last     Middle                        First

TITLE ____________________________________________________________________________________ (MD, DO, DDS, etc.)

DATE OF BIRTH __________________________ SEX: (  ) Male   (  ) Female

SPOUSE NAME __________________________________ DATE OF BIRTH ______________________________

MAILING ADDRESS ____________________________________________

______________________________________________ CITY ______________________________________

STATE ________________________________________  ZIP CODE __________________________________

EMAIL ADDRESS __________________________________________

WORK PHONE ___________________________________ HOME PHONE ______________________________

CELL PHONE ____________________________________ FAX ______________________________________

SPECIALITY __________________________________________

MEDICAL SCHOOL(S) ATTENDED / YEAR OF GRADUATION:

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

POST GRADUATE TRAINING AT _______________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

WHAT ASPECT OF THE ANPA ARE YOU PARTICULARLY INTERESTED IN?

________________________________________________________________________________________

________________________________________________________________________________________

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Gaylord National Resort on the Potomac | Prince George’s County, Maryland | July 1 - 4, 2010
HEALTH CARE SYSTEMS AND GLOBAL DISEASE MANAGEMENT IN THE CHANGING HEALTH DELIVERY ENVIRONMENT

ACCOMMODATIONS
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TITLE ________________________________________________
ADDRESS ________________________________________________
CITY ________________________________________________
STATE Zip Code ________________________________________________
COUNTRY ________________________________________________
OFFICE PHONE ________________________________________________
HOME PHONE ________________________________________________
FAX ________________________________________________
EMAIL ________________________________________________

CONFERENCE REGISTRATION

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No. of persons __________ X $80 = $_______

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☐ Check # ____________ ☐ Money Order

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For any additional information
PHONE 913.402.7102  FAX 913.273.1140
EMAIL nonie@anpa.org  WEB www.anpa.org
ASSOCIATION OF NIGERIAN PHYSICIANS IN THE AMERICAS

PO Box 24303
Overland Park, KS  66283-4303

16th ANNUAL
ANPA CONVENTION

National Gaylord Resort at the Potomac
June 30 – July 4, 2010

Full Proceedings Program of the 16th Annual Convention & Scientific Assembly Inside